“Health and Injury in Dance: A Confluence of Artistic and Scientific Challenges”

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Abstract: Dance requires a symbiotic relationship between art and science. The artistry of dance is underpinned by science that allows dance to occur. For example, principles of physics and physiology are fundamental to executing dance movement. In addition, dance is a creative outlet that offers a view into life that is beneficial to scientists, while science is a creative outlet that offers a view into life that is beneficial to dancers. Challenges to the health of dancers are ubiquitous and a substantial concern, but dancers often do not enjoy the healthcare access typically afforded their counterpart participants in sports. This seminar offers both scientific and artistic perspectives into the issue of dancers' health that will engage an intriguing conversation about a topic of societal importance.

Friday, 12:30 – 2:00 pm

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(w/ live telecast to UCI-MC Medical Library)